

# to serve with love and care 福中有善,善中得福

福中有善,善中得福 Blossom Seeds Limited annual report

Year Ended 31 December 2018

UEN 201304904N

IPC since 1 February 2017 to 31 January 2022





### **Blossom Seeds** G.R.E.A.T. Values

#### Gratitude

Gratitude towards beneficiaries, community partners, volunteers, donors, staff for support and for the opportunity to contribute.

#### Respect

Respect everyone's race, religion, ability and aptitude, everyone's choice and space. Accord due respect, honour and care towards all.

#### **Empathy**

Putting oneself in the shoes of beneficiaries, caregivers, community partners, donors and volunteers. Extend help with sincerity and passion.

#### **Advancement**

Personal advancement, organization advancement to care for more seniors and outreach to volunteers and donors, advancement in service to provide quality care.

#### Teamwork

Teamwork within the organisation and collaboration with partners. Enriching and empowering each other's lives through sharing. Energising and encouraging each other and community positively.

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#### Chairman's Message

Blossom Seeds (BSL) made steady progress in 2018 and 2019H1.

In August 2018, we were allotted two centres at Block 105 Canberra Street #02-01/06 to run our Home Help Centre and Activity Centre for Seniors (Active Ageing). We were able to relocate from Aljunied to Canberra Street in December 2018 as we could immediately use our Community Silver Trust (CST) fund for Phase I of the renovation.

In Year 2019, we are honoured to be a benefiting organisation under President's Challenge 2019 and to be nominated by Ageing Planning Office, Ministry of Health to participate in "Building Our Future Singapore Together" Dialogue with Deputy Prime Minister & Minister for Finance, Mr Heng Swee Keat on 15 June 2019 at SMU.

#### **Active Ageing**

Prime Minister Lee Hsien Loong mentioned that "We have to provide the step-down care facilities and we have to provide the incentives to stay healthy, fit and active – Active Ageing." (World Bank Human Capital Summit at Bali, Indonesia on 11 October 2018). The New Centres allow us to run a series of Active Ageing programmes to cater to multi-racial seniors of varying conditions. Seniors on the road to recovery from their illnesses as well as active seniors can stay physically and mentally healthy and be socially connected with the community.

#### **Review of Financial Results**

I am pleased to announce that for the year ended 31 December 2018, BSL generated an income of \$823,000 (compared to \$536,000 in 2017) and a surplus of \$\$192,000.

#### **Future Outlook**

BSL appeals for donations and sponsorship for Phase II renovation of our new centres for

Active Ageing and Maintenance Rehabilitation. Our longer term vision is to run a nursing home and a sheltered home.

#### **Appreciation**

We are grateful to Mr Ong Ye Kung, Minister for Education, our Guest of Honour for Blossom Love Gala Lunch 2018, for singing songs to raise funds of \$100,000 for a good cause and Sheng Siong Group for being the main sponsor of the performance. I would like to express my heartfelt appreciation to Board Members, volunteers and staff for their hard work and dedication. I also thank all Community partners, Schools, PC 2019, MSF, NCSS, AIC, C3A, Health Promotion Board (HPB), MOH, Community Chest, Tote Board, all our sponsors, donors and stakeholders for their continuing support.

With gratitude

Aw Cheow Thiam Chairman 25 June 2019

#### 主席致辭

福善在2018年和2019年上半年取得了稳步进展。

2018年,我们在坎贝拉街105号#02-01/06获得分配两个中心,作为我们的家庭援助中心和活跃乐龄活动中心。我们在2018年12月从阿裕尼的办公地点搬过去,也很感恩能立即利用综合护理机构(AIC)下的社区银信托(CST)基金来进行第一阶段的装修。

2019年,我们很荣幸的参于总统慈善挑战活动 (President's Challenge),也感谢卫生部老龄规划办公室提名我们的执行长参加2019年6月15日在新加坡管理大学(SMU)与副总理兼财政部长王瑞杰为"如何一起打造未来的新加坡"进行了对话。

#### 活跃乐龄:

正如我们的总理李显龙在2018年10月11日在印尼峇 厘岛举行的世界银行人力资本峰会上提到的那样, "我们必须提供医疗后护理 (step-down care),並且 给那些保持健康,活跃的年长者奖励。通过新中 心,我们能够为各族年长者举办一系列活跃乐龄的 计划,让那些正从病后康复以及可能面对风险的年 长者,身心获得健康並且和社会取得联系。

#### 财务业绩报告:

我很高兴地宣布,我们的慈善机构在截至2018年12 月31日止,筹得\$823,000 (2017年\$536,000) 与取得 年度盈余\$192,000。

#### 未来展望:

福善呼吁热心人士支持我们的家居服务,新中心的 第二阶段装修与维护康复服务。我们最终的目标是 希望开设养老院和庇护所。

#### 致谢:

我们非常感恩王乙康教育部长,作为2018爱心慈善午宴的主宾,并献唱为我们筹得10万元善款。

昇菘超市集团是这笔善款的主要赞助商。我也感恩董事会成员,义工和员工,他们的辛勤工作和奉献精神值得表扬。我也要感谢继续给于我们支持的所有赞助者,捐赠者,2019年总统慈善挑战活动,社会及家庭发展部(MSF),国家福利理事会(NCSS),综合护理机构(AIC),活跃乐龄理事会(C3A),保健促进局(HPB),卫生部(MOH),公益金(Community Chest),新加坡赛马博彩管理局(Tote board) 和各社区伙伴。

感恩

胡诏添 主席 2019年6月25日

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As Singapore celebrates our bicentennial year, we are reminded that all these would not have been possible without the contributions of our forefathers. The current generations benefitted from the strong foundation laid by them. It is with gratitude that we aspire for our seniors to have happy and enriching memories in their golden years.

#### **Operational highlights**

We wish to thank Ministry of Social and Family Development (MSF) for extending our IPC status for another 3 years.

#### A) Enriching the lives of our Home-Based Senior Beneficiaries.

We are committed to support our homebased beneficiaries, so that they also have an opportunity to have happy and enriching lives.

- In March 2018, we became an approved service provider for Medical Escort & Transport (MET) partnering AIC serving multi-racial needy Elderly in Gambas. We also provide befriending, house cleaning, and grocery shopping and bring them to our centre activities or outings.
- 2) In July last year, ComfortDelGro donated our first wheelchair enabled bus.
- 3) Shortly, we also received support from NCSS, Tote Board, Lee Foundation and LSK Engineering (S) Pte Ltd for two new wheelchair enabled buses. We envisage to make approximately 1000 medical trips annually.

4) In August 2018, we partnered C3A for our Community Befriending Programme (CBP) for 2 years to engage the socially at-risk seniors at their residence. After a few visits, the seniors whom we visited show improvement.

#### B) Engaging our seniors to age healthily and happily.

We organised Active Ageing programmes to keep seniors healthy, socially and meaningfully engaged by creating platforms for them to contribute to the community by being a volunteer.

- Our new Activity Centre for Seniors is a platform to build social connectedness & social cohesion, allow the seniors to contribute and improve their well-being. It is estimated to serve up to 5,000 senior attendance per annum.
- 2) In August 2018, we started a series of talks and workshops supported by Tote Board Community Health Care fund which is administered by HPB (for 15 months).

#### **CEO's Message**

- 3) In April 2019, we were awarded the Charity Support Fund by Community Chest (NCSS) for 2 years for our cultural appreciation programme of various races.
- 4) On 3 March 2019, we organised our inaugural outdoor Ready, Set, GOLD (RSG) ~ A Charity Fun Day Event to bring awareness of our new centres and also raise funds for our renovation cost for our new Activity Centre for Seniors.

With our new Activity Centre for Seniors and additional vehicles, we provide a venue for our MET and CBP beneficiaries to come for Active Ageing activities.

#### **C)** Innovation & Productivity

We thank NCSS for awarding us the the Innovation & Productivity Grant (IPG), under VWOs-Charities Capability Fund (VCF). It will be used for the implementation of our multi-purpose card system for our home based and centre programmes.

#### **Future Outlook & Appeal for Donations**

In line with our growth plans, our staff strength has increased significantly from five in 2017 to twelve at 2018 and there are plans to recruit more. All donations that we raised are matched one for one under CST Fund or Bicentennial Community Fund (BCF with effect from 1 April 2019 to 31 March 2020). The matching funds help to support the increasing costs of our services.

Our Agency partners contribute part of the programme annual operating expenditure. Hence we need to raise funds to sustain our services. While we plan 2 major Fundraising events annually, we also look for sponsorship for our programmes and kind donations for our overall operating costs. We also seek donations to our adhoc events and other festive celebrations items like Mooncakes, Christmas items and Chinese New Year goodies among others.

#### **Appreciation**

Our work would not have been possible without the support from all our community partners, agencies, corporates, schools and donors. We thank the community and partners in the North for welcoming us to Gambas/East Canberra. We look forward to your continued support and partnership to bring "smiles" to the lives of the seniors.

With gratitude

Ong Siew Chin Chief Executive Officer 25 June 2019

#### 執行長致辭

在新加坡庆祝开坡二百周年之际,我们感恩先辈们奠定的基础,让我们从中受益。福善以感恩心,祈愿我们 的年长者能在他们的黄金岁月,拥有快乐和丰富的回忆。

#### 运作要点:

首先我们要感恩社会和家庭部 (MSF) 将我们的IPC地位延长3年。我们的服务项目分两大方向:-

#### 甲) 让贫弱的居家受益者也能有个丰富的生活:

- 1) 2018年3月,我们与综合护理机构(AIC)合作,为 Gambas各族贫困年长者提供医疗护送(MET)服 务。同时我们也带他们到我们的中心活动或出 外郊游,提供友伴,房屋清洁和购杂货等服务。
- 2) 去年7月,康福德高捐赠我们第一辆轮椅巴士,让我们能够支援更多行动不便的年长者。
- 3) 随后,我们还获得了国家福利理事会,新加坡赛马博彩管理局,李氏基金和LSK Engineering (S)PteLtd的支持,增添了两辆新的轮椅巴士。我们预计每年提供约1000趟医疗接送服务.
- 4) 2018年8月,我们与活跃乐龄理事会开始为社 区友伴计划(CBP)展开2年的合作。经过几次探 访后,年长者有了显著的改善。

#### 乙) 让我们的年长者健康快乐地享受乐龄生活:

我们通过各活动,让年长者保持身心活跃,并 参加义工活动,帮助有需要的人,扩大自己的 朋友圈子,生活过得充实而有意义。我们也提 供清洁和购杂货等服务。

- 1) 我们2018年12月搬入新的活动中心。这是一个建立社会联系和社会凝聚力的平台,让年长者能够贡献并改善他们的生话。我们估计每年可有5,000 出席率。
- 2) 2018年8月,我们在新加坡赛马博彩管理局和 保健促进局的支持下,主办了一系列讲座和活 动(为期共15个月)。

- 3) 2019年4月,我们获得公益金(Community Chest)授予慈善支持基金2年,用于我们的文化项目。
- 4) 2019年3月3日,我们首次举办了户外Ready, Set, GOLD (RSG)~慈善日,提升对新中心的认识,并为我们新的活动中心的翻新费用筹集资金。

#### 丙) 创新和生产力:

我们感谢国家福利理事会授予我们VWO-慈善机构能力基金(VCF)。这将用在我们的家庭和中心的多功能卡系统的运作上。

#### 未来展望和捐赠呼吁:

根据我们的发展计划,我们的全职人员将从2017年的5位增加到2018年的12人,而且还计划招聘更多员工。我们筹款项目都会获得CST或二百周年社区基金(BCF) 2019年4月1日至2020年3月31日)的一对一匹配。

我们的各项目一部分享有津贴,但还需筹款来维持 我们的服务。我们计划每年通过筹款活动,特别活 动和其他节日庆祝会寻求捐贈。除此之外,我们也 会为我们的活动项目寻求捐助。

#### 致谢:

我们能服务年长者,一切有赖我们所有的社区伙伴,机构,企业,学校和捐助者的支持。我们也感恩北部的社区合作伙伴欢迎我们来到Gambas/East Canberra。我们期待着您们的继续支持和合作,给年长者的生活带来"微笑"。

#### **Our Future Outlook**



Nursing Home Sheltered Home

\*Images are for illustration purposes only

We envisage a Compassionate Community where everyone blossoms. In the face of an ageing population, we have decided to take new steps to empower the community, strengthen the social networks amongst them, so that everyone will be the best support for the person next to them.

#### 1) Developing an integrated care for seniors

While Active Ageing for seniors is in place, there are unavoidable circumstances when seniors may need to be admitted to Nursing Home with palliative help. There are also those who are frail but need to stay in a Sheltered Home because they are with little or no family support.

Blossom Seeds envisage to provide an integrated senior care with Active Ageing facilities, a Nursing Home with Palliative Care, Rehabilitation Day Care and Sheltered Home within the same premises (see graphic presentation). We look forward to the Community and Agencies' support to realise our dream.

#### 2) Taking responsibility for sustainability

Working towards solution that will not bring harm to future generations. This includes the preservation of environment and doing our part towards reduction of carbon footprints by conserving resources and using efficient energy saving operations and processes.

#### 3) Working towards collaboration and social cohesion

Achieving better utilization of resources through forging collaboration and partnerships to serve the needs of the community regardless of race and religion. Strengthening respect among the races in the community to enhance social cohesion and resilience.

#### **Our Aspiration**

Blossom Seeds aspire to build and manage a twin integrated nursing & sheltered tower with a day rehabilitation care centre. There will also be one floor designed for child and/or youth care related support services.

#### **About Blossom Seeds**



Blossom Seeds 福善

#### **Registered address**

105 Canberra Street, #02-01, Singapore 750105

#### **Bankers**

Development Bank of Singapore United Overseas Bank

#### **Auditors**

Fiducia LLP

#### **Corporate Secretary**

Mr Lim Chin

#### **Legal Counsel**

Mr Henry Hoe, A.Ang, Seah & Hoe Advocates & Solicitors, Notary Public & Commissioners for Oaths

#### **Our Logo**

Blossom Seeds Logo is formed with a letter S, representing the seeds, that blossom into letter B, ending with a Big heart with one continuous line to show our consistent determination to serve with love and care.

#### **Our Vision**

A compassionate community where everyone blossoms

#### **Our Mission**

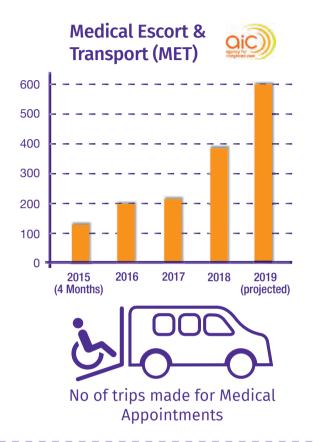
To care for seniors with love and support them to actively care for others.

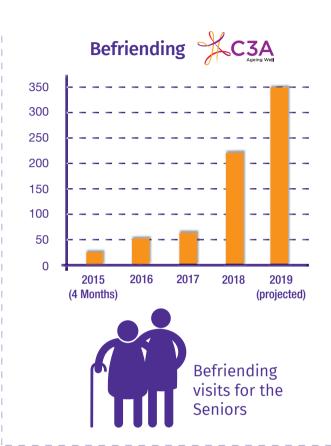
#### **Our Objectives**

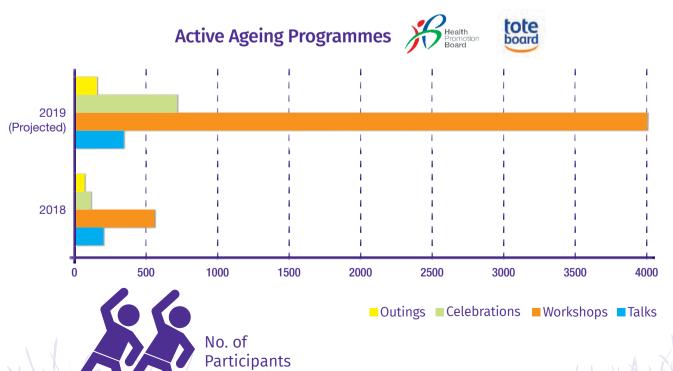
- Support frail and home bound elderly to live in the community despite their frailty. (MET-AIC)
- Engage & recruit active seniors to be volunteers, empower them to serve the needy elderly. (SVP – C3A)
- Engage the seniors to embrace a purposeful life by ageing positively and continue leading healthy and active lives while they advance in age. (Active Ageing Programmes – HPB/TBCHF)
- Promote Active Ageing and cultural awareness through the learning of different cultures amongst multi-racial seniors (Cultural Programmes - Community Chest)
- Provide structured befriending services and psycho-social support through active volunteers in the community for at risk elderly and their caregivers. (CBP – C3A)
- Promote and encourage community participation in caring for the needy elderly.



# Impact of Blossom Seeds on the Community







#### **Our Board**



Mr Aw Cheow Thiam Chairman Occupation KepMedia International Pte Ltd, Business Development Director Date of Appointment

21 September 2015



Ms Tan Chiew Hoon
Director

Occupation
Assistant HR Manager, PTC
System (S) Pte Ltd

Date of Appointment
28 June 2017



Dr Pua Hwee Leng
Director

Occupation
BW Monastery, Lecturer in
Training & Development. KK
Women's and Children's Hospital,
Visiting Consultant Paediatric
Anaesthesiologist

**Date of Appointment** 21 September 2015

**Date of Appointment** 

21 September 2015



A/Prof Wong Yee Chee
Director

Occupation
Senior Consultant Obstetrician
& Gynaecologist in NUH

Date of Appointment
12 April 2017



Ms Leong Soon San
Director

Occupation
BP Singapore Pte Ltd, Tax Director,
Asia Pacific



Lee Chin Chye
Director
Occupation
Sales Competence Manager,
Dealership
Development for Asia Pacific,
Swedish MNC
Date of Appointment



Dr John Zaw Min
Director
Occupation
Adjunct lecturer at Singapore
University of Social Sciences,
Singapore Polytechnic and
BCA Academy

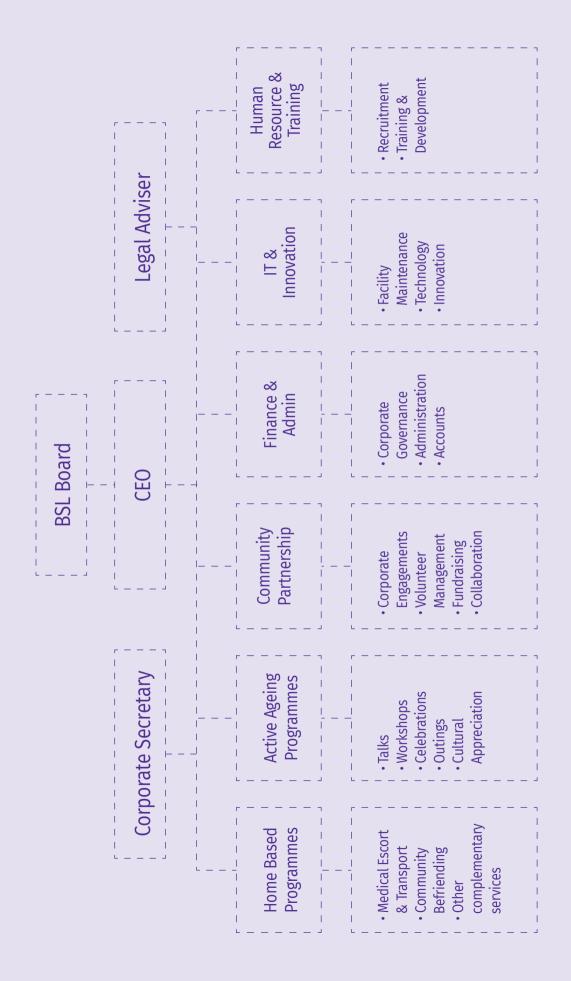
**Date of Appointment** 21 September 2015



Chua Mui Kiang
Director
Occupation
Business Owner
Date of Appointment
4 October 2018

9 May 2019

# Organisational Chart



#### **Timeline**



At National Silver Academy (NSA)(C3A) Roadshow with Dr Amy Khor, Senior Minister of State, Ministry of Health



Staff and Volunteers 1st Team Building

@ Crowne Plaza (Singapore)





Approved service provider for Medical Escort & Transport (MET) Service

Feb 2018

Mar 2018



Approval of COE and ARF exemption for two new wheelchair enabled buses



3rd Blossom Love Charity Lunch with Guest-of-Honour Mr Ong Ye Kung, Minister of Education who sang to raise \$100,000. 1st Corporate talk at Mewah Group on Blossom Seeds Programmes



Approval of Tote Board Community Healthcare Fund to raise capacity in support of MET beneficiaries. The 2 new buses were sponsored by Lee Foundation and LSK Engineering (S) Pte Ltd

tote





HDB and MOH endorsed 2 new centres for Blossom Seeds at East Canberra 105 Canberra Street #02-01/06



Approved for Community Silver Trust (CST) from Agency for Integrated Care

Apr 2018









4As Senior Health Programme administered by HPB, 1st talk launched by Mr Amrin Amin, Senior Parliamentary Secretary, Ministry of Health



Iftar at Man Fut Tong Nursing Home with Guest of Honour Mr Amrin Amin, Senior Parliamentary Secretary, Ministry of Health

#### ComfortDelGro's donated bus for Medical Escort & Transport (MET)







Vesak Goodie Bag Distribution to residents of East Canberra supported by Gambas Grassroots and Canberra Secondary School.



Social Service Summit and AGM of National Council of Social Services

Jul 2018

**Aug 2018** 



Gambas Networking Luncheon with Community Partners with the presence of Mr Ong Ye Kung, Minister for Education.



Approved service provider for Community Befriending Programme for Sembawang and Canberra





Commencement of Active Ageing Programmes at East Canberra





Sep 2018

Oct 2018



1st Mid-Autumn Celebration at Blossom Seeds 2 New Centres before renovation



#### Timeline



3rd Blossom Seeds Annual Purple Party to appreciate volunteers with Mr Ong Ye Kung, Minister for Education



Nov 2018

Dec 2018



Staff relocation from Aljunied premises



Staff and Volunteers at AIC ILTC Night with Guest of Honour Mr Gan Kim Yong, Minister for Health.

#### Received donation of more than \$100,000 for renovation from Foundations



Jan 2019



Feb 2019



Renewal of IPC status for 3 years till 31 Jan 2022

Lunar New Year Treasure Bag Distribution to Gambas and Sembawang residents with volunteers from Digital Realty (in photo) and Mactus Pte Ltd

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#### 1st Inter-generation Easter Celebration



Awarded President Challenge 2019



Mar 2019





Beneficiaries of Community Chest Charity Support Fund





Blossom Seeds inaugural Ready Set, GOLD at East Canberra (Gambas) flag off by Mr Ong Ye Kung, Minister for Education

1st Blossom Vesak Charity Lunch at East Canberra (Gambas) graced by Mr Ong Ye Kung, Minister for Education



Nominated by Ageing Planning Office, Ministry of Health to attend Dialogue with DPM Heng Swee Keat - Building Our Future Singapore Together



May 2019

Jun 2019



Blossom Seeds 1st Iftar with Utzag from Darul Makmur Mosque



Volunteer Management Network – Collaborative Partnerships for Common Good Seires hosted by Mr Tan Chuan-Jin, Speaker of Parliament and Advisor to NCSS.



# Our Home Based Programmes and Services

Blossom Seeds home based programme aims to bring care to the doorstep of the elderly so that they can live and age well at home and in the community. Services include medical escort & transport, befriending, grocery assistance and house-cleaning.

Medical Escort & Transport (MET) partnering Agency for Integrated Care (AIC) We thank ComfortDelGro Corporation Pte Ltd, Lee Foundation, LSK Engineering (S) Pte Ltd, NCSS and Tote Board for the sponsorship of our 3 wheelchair enabled buses which will also aid us in building

capacity.



Accompany the beneficiary throughout the appointment

Our special care



Service is provided free of charge to the needy, majority of whom are with chronic conditions with complications



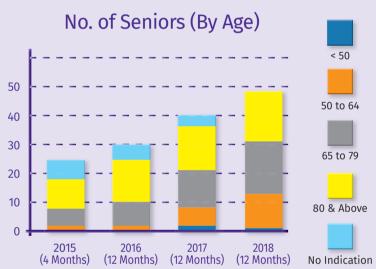
Provides holistic care to seniors such as befriending, house cleaning, and bringing them to our centre or outings



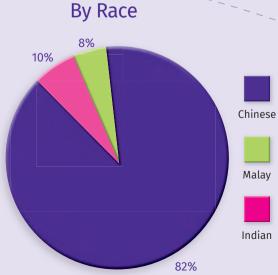


#### **Partners**

- Agency for Integrated Care
- BW Monastery
- Gambas Grassroots
- Geylang East Home for the Aged
- Hua Mei Clinic
- Khoo Teck Puat Hospital
- Touch Cluster
- · Wat Ananda Youth







# Community Befriending Programme (CBP) partnering Council for Third Age (C3A)

Blossom Seeds started befriending seniors who are living alone, frail and at high risk of social isolation since 2015. With effect from September 2018, Blossom Seeds also partnered Council for Third Age to care for seniors who are in Sembawang and Canberra Constituencies.

#### Our special care

- Provide companionship and emotional support for socially at risk seniors
- Provide holistic care to seniors such as bringing them to our centre/outings
- Encourage the seniors to contribute back to the community





	No. of cases served (By Race)			2017 (12 months)	2018 (12 months)	2019 (Projected)
	Chinese	2	15	20	56	103
	Eurasian	0	0	1	2	4
	Indian	0	0	1	4	7
	Malay	0	0	0	3	6
		2	15	22	65	120

No. of cases served (By Age Group)	2015 (4 months)	2016 (12 months)	2017 (12 months)	2018 (12 months)
< 50	0	1	3	1
50 to 59	0		0	9
60 to 69	0	1	2	18
70 to 79	1	2	4	13
80 and above	0	4	9	23
No indication	1	7	4	1
	2	15	22	65
Increase		20%	47%	195%



# Other complementary services

#### When we have the capacity, we also support the frail seniors in other ways

- Accompany them to market so that they have an opportunity to select the food they like
- Arrange house cleaning for a clean and hygienic living environment
- Bring them on outings and festival celebrations
- Distribute goodie bags during festival celebrations



# Active Ageing Programmes

4As Senior
Health Programme
administered by
Health Promotion
Board supported
by Tote Board

With the support from the Sembawang Town Council, we conducted our activities at the common area while the centre was still under renovation.

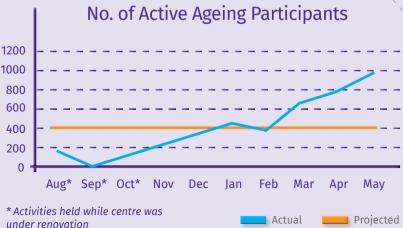
Few months into our centre, we are happy to see seniors from all races and religions, making friends, coming together to share recipe tips, volunteering and supporting each other. The centre is estimated to serve up to 5000 seniors (in attendance).

#### Our special care

- Prevent deterioration of their current health and keep them physically active
- Getting the neighbours to know their neighbours
- Sharing of information and healthy tips
- Promote appreciation and respect of different cultures and practices
- Encouraging the young and old to contribute







#### **Public Talks**

Launch of 4As Senior Health Programme by Mr Amrin Amin, Senior Parliamentary Secretary, Ministry of Home Affairs & Ministry of Health.



Gratitude is the Path to Happiness by Dr Ang Beng Choo, Educationist (Retired)







Wills and Lasting Power of Attorney by Mr Tan Siak Hee and I.R.B. Law LLP and Gambas Befrienders

#### **Active Ageing workshops at centre**

Workshops are inclusive and catered for mobility of all levels.

#### Zumba for all ages





#### Shape it Up exercises for everyone







Getting to know about meridiens through Meridien Exercise

#### Active Ageing workshops at centre

Helping to decorate the centre during the Handicraft Workshop





Taking turns to share recipes during Rest & Relax 3:30pm





Building friendship and teamwork through line dancing



#### Active Ageing workshops at centre

Getting connected through Blossom Tech-Ki Workshop



Building discipline and strength through Wushu Fitness



Sharing the love for nature through flower arrangements



Building coordination and friendship with Table Tennis





#### Celebrations

Giving thanks during the 1st Mid-Autumn Celebration at the Centre (before renovation)







Spreading Auspicious Wishes at Lunar New Year Celebrations and Lohei







#### Celebrations

Inter-generation bonding at 1st Easter Celebration with PCF Kindergarten





Understanding Ramadan at 1st Iftar with Ustaz Ruhaizan Abdullah from Darul Makmur Mosque





1st Hari Raya Celebration with Dikir Barat Sharing by Youth Volunteers from ITE Central





#### Outings

Appreciating Deepavali Rangoli Craft at Indian Heritage Centre







Visit to Spectra Secondary School



Participating in the Hospitality Race 2019 Finals at Republic Polytechnic





Blossom Kaki (Senior Volunteerism) Programme partnering Council for Third Age Blossom Seeds Blossom Kaki Programme is supported by C3A (under the Ministry of Health) since December 2017 to engage seniors for Active Ageing by volunteering in our events and serving the needy Elderly.

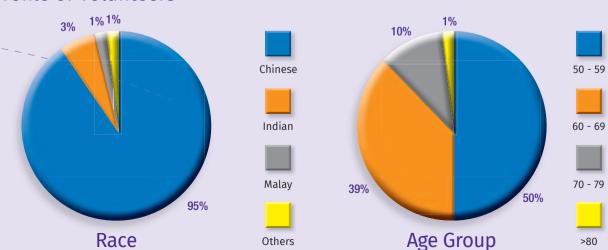
#### Our special care

Through participation of the volunteer work, it helps to

- Develop their sense of purpose to live an enriching life and age actively and gracefully
- Promote and encourage community participation in caring for the needy elderly living in the community.
- Provides a platform for the volunteers of the same generation to come together to interact and care for each other.
- Promote social harmony and cohesiveness.



#### **Profile of Volunteers**



#### **Volunteers' Testimonials**



**Ms Michelle Chung** , a Psychology major from Singapore Management University

When I first started, I felt that I did not know how to interact with the elderly. Most of them spoke only in dialect, which I felt was a barrier to communication. However, I learnt that there were still some things I could do to interact with elderly without knowing dialect.

Read more at https://www.blossomseeds.sg/blog/2018/8/4/reflections-from-a-millennial-intern



**Ms Clara Bleger,** a 3rd year Social Science major with University College London

I have been studying about ageing populations and their consequences, but my time volunteering gave me a different perspective. Going to one-on-one visits with Blossom Seeds beneficiaries and hearing their stories helped me see the issues they face every day; health, mobility, loneliness, lack of independence, lack of help. Blossom Seeds not only provides services to help with the practical side of their lives, but also provide companionship.

Read more at https://www.blossomseeds.sg/blog/2018/9/12/4-week-learning-journey



Mr Zhou Hao, a student waiting for National Service

Through my internship with Blossom Seeds, I am more aware of the ageing issues and the challenges the seniors are facing. I benefited from the sharing by both the seniors and the senior volunteers, and appreciate that I have the opportunity to contribute towards the community.



#### Mdm Tham Oi Leng, 54

I have never thought that I could volunteer with a social service organisation as I feel that I am physically less agile. Blossom Seeds lets me find new joyous moment in my life as I support the befriending programme for at risk senior and other centre programmes and events.



#### Mr Ang Chong Giam (MET), 70

I used to look after my parents and parents-in-law. I am grateful to be able to be of support to the frail seniors while they are sick.



#### Mdm Lee Hwang Leng (CBP), 65

Ever since I joined Blossom Seeds as a Community Befriender, my life becomes more fulfilling. Through my volunteering work, I learnt how to use google map to find my direction to the seniors' place, to take photo and videos with my mobile phone. I am also more observant and empathetic about the needs and challenges of these seniors. Although I am retired, I am grateful to be able to contribute and find new meaning in life.



#### Mdm Khahjah Sardini, 56

I am happy to be able to volunteer at Blossom Seeds, in whichever way I can. I can help others at the centre. The time spent volunteering with my friends are enjoyable.

# **Collaborative Efforts**

It is our collective efforts that we are able to support the seniors and bring a smile to them. Thank you.

# **Corporate Volunteers**

Trafalgar Tours





Ministry of Culture, Community and Youth(MCCY)





Digital Realty



McDonald's



# Corporate Volunteers

Mactus Pte Ltd



Givaudan Singapore Pte Ltd



Microcast Pte Ltd



My Cozy Room



KepMedia International Pte Ltd





#### **Youth and School Volunteers**

Many thanks to all the schools who have supported us

Canberra Secondary School



PCF Sparkletots PreSchool @Yew Tee



Fuchun Secondary School



Encouraging Active Ageing during Blossom Seeds Ready, Set, GOLD ~ A Charity Fun Day



PCF Sparkletots Preschool @ Gambas Blk 105



Canberra Secondary School

#### Youth and School Volunteers

NorthBrooks Secondary School



Yishun Secondary School



ITE College East



ITE College West



Republic Polytechnic



Nanyang Technological University



# **Other Community Partners**

Tote Board Community Health Care Fund



Agency for Integrated Care





# **Other Community Partners**

**BW Monastery** 



Mr Vikram Nair, Advisor to Admiralty Constituency, Grassroot Leaders and BW Monastery





Volunteer Resource Optimisation from National Council of Social Service (NCSS)

# Other Community Partners

Silver Generation Office (Sembawang GRC)



Gambas Grassroot Leaders



# Purple Party Volunteer Appreciation 2018 3rd Purple Party Volunteer Appreciation held at our new centres with Minister Ong Ye Kung



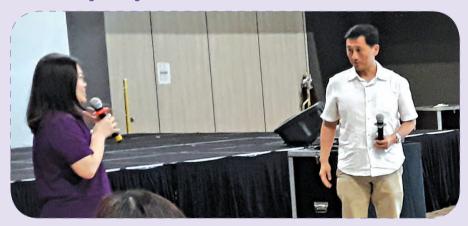






# **Community Engagements**

Gambas Networking Luncheon with Community Partners with the presence of Minister Mr Ong Ye Kung.



53rd National Day Celebration at Istana (2018)





Deepavali Tea at Hindu Endowments Board & Hindu Advisory Board with Mdm Halimah Yacob, President of the Republic of Singapore.



## **Community Engagements**

Interfaith Sharing at Harmony Centre





Active Ageing Carnival at Canberra Constituency with Dr Lim Wee Kiak, Advisor for Canberra



Volunteer Management Network – Collaborative Partnerships for Common Good Series hosted by Mr Tan Chuan-Jin, Speaker of Parliament and Advisor to NCSS



# **Community Engagements**

Community Foundation Singapore



Club Heal



Venerable Rujun from Great Enlightenment Buddhist Institute Society (GEBIS), Canada





# **Our Fundraising Efforts**

## **Blossom Love Charity Gala Lunch 2018 at Big Box**

Blossom Love Charity Gala Lunch was organised for the third year jointly with Blossom World Society to raise funds for both charities' operating expenses.



Mr Ong Ye Kung, Minister for Education graced the event as our Guest of Honour and Ms Sim Ann, Honorary Advisor to Blossom World Society, Senior Minister of State, Ministry of Communications and Information & Ministry of Culture, Community and Youth was our Special Guest.





Minister Ong Ye Kung sang two songs to raise \$100,000 for the good cause. Sheng Siong Group is the main sponsor for the song.

# Our Fundraising Efforts

The charity gala lunch, which coincided with the Chinese New Year Celebration, hosted about 2000 guests, which filled the Big Box venue to full capacity.









# **Auspicious Vesak Carnival 2018**

Blossom Seeds jointly organized Auspicious Vesak Carnival with BW Monastery on 19-20th May at Big Box. About 30,000 people including 150 seniors from Gambas join in the festive celebration.



Ministers Khaw Boon Wan and K.Shanmugam attended the event in their personal capacity. Their short presence delighted those in the otherwise non-suspecting crowd





# Ready, Set, GOLD ~ A Charity Fun Day

Blossom Seeds held its inaugural "Ready Set, GOLD ~ A Charity Fun Day" Charity Fun Day on 3 March 2019 to encourage people to stay active and healthy. This event is conceptualised by Republic Polytechnic and supported by Community Sports Club (Sembawang and Gambas).



Minister Ong Ye Kung flag off the walk. Close to 1,000 people, including our beneficiaries who hardly get the opportunity to be out of their house, attended the event.











# **Blossom Vesak Charity Lunch**

Blossom Seeds organised our 1st fundraising lunch on 12 May 2019 at our 2 new centres to raise funds to renovate our centre. Minister Ong graced the event to the delight of the residents. 400 participants including beneficiaries, donors, volunteers, residents and grassroots from Gambas.











# **Human Resource & Training**

In line with our organisation's goals to develop everyone, a combination of both external and inhouse courses was organised for Board members, staff and volunteers, including mindfulness and self Care Sessions.

Blossom Seeds staff as of June 2019 (Absent: Saadiah M Salleh and Jasminee Ng)



Team building at Crown Plaza (Singapore) – 30 March 2018



Visit to ComSa@ Whampoa with sharing by Ms Mary Ann Tsao





## **Human Resource & Training**

Volunteer Basic Training by Hua Mei Training Academy at old premises and new centres





First Aid Training at BSL New Centres



Applied Suicide Intervention Skills Course organised by Singapore General Hospital



Taiji for Health Course organised by AIC





### **Acknowledgements**





Our work would not have been possible without the support from all agencies, community partners, sponsors, donors and volunteers. It is your generosity that allows us to realise our vision of a compassionate community where everyone blossoms. We thank you sincerely for your support.

Due to space constraints, we could only list donors who have contributed \$1,000 and above. Every effort counts. We thank all our donors for contributing towards our cause.

If we have inadvertently left out any donor, we apologise for the oversight.

3D Trading Pte Ltd **AST Management Services Pte Ltd** Au Ah Ker Bengawan Solo Pte Ltd Chai Mui Ling **Chang Meng Kiat** Chen Bing Cheng Jue Hiang Willie Cheng Yau Tong **Chiang Sheau Huey** Chin Siew Foon Chin Tze Meng Chong Shyh Hao Choo Yam Han Chor Hui Ling **Chow Yuen Quan** Chua Chen How Chung Tzau Chih

Community Foundation of Singapore
Conint Pte Ltd

**CPC Solution Pte Ltd** 

Eco-Harmony Global Network Ltd

Fashion Trade (S) Pte Ltd

Foh Keng Yin Foo Say Heng

From Us With Love

Gold Kili Trading Enterprise (S) Pte Ltd

Hand And Nerve Disorders Surgery

Henky Toha Ho Choon Ngiap

Ho Eu Chin

Hock Teoh Huat Transport Pte Ltd

Hsu Chong Tien

**Hub Logistics Pte Ltd** 

Jason Chan Jerry Ong Jovho Pte Ltd

Ko Hui Kuan

Koh Seng Huat

Kwang Wah Engineering Pte Ltd

Lee Fee Yim@Lee Fee Yin

Lee Foundation Leong Soon San

Leow Bon Hiong

Li Zhi Jie Geneviere

Liang Seng Huat

Lim Boo Hua

Lim Eng Cheong

Lim Pui Yar

Linden Group Associates Pte Ltd

Lion Trust (Singapore) Limited

Lisa Ng Wai Yee

LLMS Logistics Pte Ltd

Loh Tuck Hoong

Loo Kim Yoong

Low Hee Keng

LSK Engineering (S) Pte Ltd

Marry Tsjin

Mecredo Pte Ltd

Michelle Cheo Hui Ning

Microcast Pte Ltd

New World Home Care Pte Ltd

**Ngo Siew Pod** 

Old Street Bak Kut Teh (WS)

Ong Kah Kuang

Ong Siew Tin

OSG Containers And Modular

Pang Te Huey

Powerwell Service Centre Pte Ltd

PT Construction Pte Ltd

Saadiah Bte Mohamad Salleh

Sheng Siong Group Pte Ltd

Shui Ching Jaw

Sun Holdings Ltd

Susan Gwee

Susan Tang

Tan Han Hwa Henry

Tan Puay Har

Tav Li Noi

The Orange Lantern Gourmet

Toh Ka Houn

**Uniseal Creative Solutions** 

Wang Toon Hua

Wong Ong Kim

Yeo Peng Hock Henry

#### Thank you! With gratitude



# **Media Coverage**



At a family carnival and charity gala luncheon in Jurong East, organised by Blossom Seeds and Blossom World Society earlier in the day, low-income families as well as needy old folk, children and young people were treated to a performance by Minister for Education (Higher Education and Skills) Ong Ye Kung. He sang two Chinese songs – Teresa Teng's The Moon Represents My Heart and Wakin Chau's Friends.

#### 福善基金会将在三巴旺建乐龄中心

李熙爱 报道

leeheeal@sph.com.sq

公益机构福善基金会将在三 巴旺建设一家日间乐龄中心,预 计最迟于今年底投入运作

福善基金会和同为公益机构 (IPC)的専悅世界协会昨天在Big Box购物商场第三次联办"和乐团 因爱心慈善午宴兼快乐国民家庭 嘉年华会",邀请2000名各种族 的年长者、弱势儿童和青少年、 义工以及善心人士共庆春节。

为表支持,身为三巴旺集选 区议员的教育部长(高等教育及 技能)兼国防部第二部长王乙康 特地在慈善午宴献唱《月亮代表 我的心》和《朋友》两首歌, 蠃 得全场热烈掌声,并在10分钟内 为两家机构筹得10万元善款。

福善基金会目前为年长者提 供多项服务,包括帮忙大扫除、 友伴和载送年长者看医生等,助 他们融入社会。喜悦世界协会则 以宣扬传统文化、培养领导能力 与服务社会的精神为宗旨,透过 举办品德教育课程与活动,鼓励 年轻人积极行善。

两家机构在慈善午宴上共筹 集约40万元,其中福善基金会将 拨出部分善款在三巴旺建设一家 目间乐龄中心。福善基金会总裁 翁秀卿告诉《联合早报》,这将是 他们的首个设施,细节仍有待敲 定,但希望今年底前开始运作。

昨天出席慈善午宴的还有文 化、社区及青年部兼贸工部高级 政务部长沈颖、她是喜悦世界协 会的名誉顾问。沈颖和王乙康也 亲自分派红包给赴宴的年长者, 过后还与他们一起搓汤圆。

喜悦世界协会总裁洪俊智致辞时指出,李总理在今年新春献词中鼓励国人秉持"老有所养、幼有所教"的美德,而这正是他们目前积极推广的。昨天的嘉年华也通过多种活动让年长者和年轻人有机会交流,包括让孩子为父母奉茶以示尊敬。



马来族青少年跪下为父母敬荼,表达对长辈的尊敬。教育部长(高等教育及技能)兼国防部第二部长王乙康(后排左二)和文化、社区及青年部兼贸工部高级政务部长沈颖(后排右一)在旁观察。(梁伟康摄]



#### **■ THE STRAITS TIMES**

SINGAPORE

Courts & Crime

Education

Housing

# Panel to tap citizens' views for work-life harmony



DPM Heng Swee Keat taking a wefie for his maiden Instagram post with Reach-CNA dialogue moderator Steven Chia at SMU's School

#### **■ THE STRAITSTIMES**

SINGAPORE > Courts & Crime Education

#### Bus and 'medi trips' from ComfortDelGro



Mr Guek Chan Hong. 79, is the first to try the automatic hydrauli lifter on the refurbished Toyota HIAce bus donated to volunteer welfare organisation Blossom Seeds. In addition to the bus, ComfortDelGro has also donated \$100,000 worth of medi trips two other VWOs. ST PHOTO LEE JIA WEN

#### 尹云芳 报道 wunyf@sph.com.sg

79岁的倪灿煌腿 脚不好、轻微中风, 需以轮椅代步, 对每 月得往返洗肾中心13 次的他是一大挑战。

倪灿煌若要坐德 士到洗肾中心,需要至少两个 人搀扶, 但平日只有妻子陈娇 娥(71岁)照顾他,再加上 德士费用昂贵, 因此只好乘搭 巴士从勿洛到实龙岗洗肾,车 程可达1小时。

不过,下来有了康福德高 捐赠予福善组织的改装巴士, 倪灿煌与妻子就无需这么辛苦

康福德高配合公司15周年,捐赠价值15 万元的礼品给福善、多加家居护理服务和德 教太和观,改善医疗护送交通服务。其中, 捐赠给福善的丰田HiAce巴士经改装,有全 自动液压升降机、能承载八个人的可折叠长 椅和可固定轮椅装置, 让坐轮椅的年长人士 可以轻松和安全地坐上巴士。

福善是我国11家提供医疗护送与交通



倪灿煌今早试用巴士的液压升降机,表示过程很快, 下也容易,妻子也能松一口气。(《海峡时报》)

服务的机构之一, 协助需要看诊的年长人士 来回诊所或医院。福善总裁翁秀卿指出,之 前因为资源不足,得无奈拒绝需要特殊交通 工具的年长人士。拥有这辆可承载轮椅的巴 士,他们就能为更多有需求的年长人士提供

除了巴士,康福德高也设立MediTrip基 金并注入10万元, 为年长人士支付乘搭旗下 大型德士的车费,接送多加家居护理服务和 德教太和观的年长人士。



# Financial Reports

STATEMENT OF FINANCIAL ACTIVITIES FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2018

Blossom Kaki           Cans         Blossom Kaki           Expression From Samme From generating funds         Fund From Cantiversion From generating funds           Activities Income from generating funds         5         78,002         81,807         Activities Fund charitable activities         5 78,002         81,807         O			Unrestricted Fund			Restricted Funds			
Note   Fund   S\$   S\$				2	Blossom Kaki (Senior	ovi+0 A	Vienamoo	Total	Total unrestricted
Note   Fund   Fund				ם ווסבו	voidilleei isiii)	ACCIVE	Collinating	local	ומות מוות
ME         Total of the form generating funds         S\$\$         S\$\$ <t< th=""><th></th><th>O+ON</th><th>General</th><th>Help</th><th>Programme</th><th>Ageing</th><th>Betriending</th><th>restricted</th><th>funds</th></t<>		O+ON	General	Help	Programme	Ageing	Betriending	restricted	funds
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5     78,002     81,807     0       5     504,612     0     0       6     1,991     0     0       6     1,991     0     0       6     1,991     107,336     53,359	Income from generating funds								
5     504,612     0     0       5     46,450     0     0       0     0     0     0       0     0     0     0       2,356     0     0     0       2,356     0     0     0       2,356     0     0     0       2,356     0     0     0       6     1,991     0     0       6     1,991     0     0       6     1,3341     107,336     53,359	Voluntary income Donations	Ŋ	78,002	81,807	0	0	0	81,807	159,809
5     504,612     0     0       6     1,991     0     0       6     633,411     107,336     0       6     46,450     0     0       0     0     0     0       0     25,529     0     0       0     0     0     0       0     0     0     0       0     0     0     0       0     0     0     0       0     0     0     0       0     0     0     0       0     0     0     0	A safety change of the safety and the safety change of the safety change								
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friending Program     0     0     0       & Transport     0     25,529     0       SS     2,356     0     0       SS     2,356     0     0       Income     6     1,991     0     0       633,411     107,336     53,359	Programme		0	0	53,359	0	0	53,359	53,359
& Transport     0     25,529     0       rom AIC     2,356     0     0       SS     2,356     25,529     0       income     6     1,991     0     0       633,411     107,336     53,359	Community Befriending Program		0	0	0	0	29,168	29,168	29,168
rom AIC 0 25,529 0 0 SS 2,356 0 0 SS 2,356 0 0  L,356 0 0  2,356 0 0  2,356 0 0  0 0 0  1,991 0 0  6 1,991 0 0  633,411 107,336 53,359	Medical Escort & Transport								
SS	subvention from AIC		0	25,529	0	0	0	25,529	25,529
income 6 1,991 0 0 0 633,411 107,336 53,359	Grant from NCSS		2,356	0	0	0	0	0	2,356
income 6 1,991 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			2,356	25,529	53,359	0	29,168	108,056	110,412
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633,411 107,336 53,359	Miscellaneous income	9	1,991	0	0	0	0	0	1,991
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	oral module		771/000	200/201	cocio		201/23	200/201	12/020

STATEMENT OF FINANCIAL ACTIVITIES FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2018 (CONT'D)

		Fund			Restricted Funds			
				Blossom Kaki (Senior				Total unrestricted
		(	Home	Volunteerism)	Active	Community	Total	fund and
	Note	General	Help	Programme Fund	Ageing	Betriending	restricted	restricted funds
		\$8	S\$	\$\$	\$\$	\$\$	S\$	\$\$
2018 (CONT'D) EXPENDITURE								
Cost of generating funds								
Fund raising expenses		132,687	0	0	0	0	0	132,687
Event expenses		30,195	0	0	0	0	0	30,195
		162,882	0	0	0	0	0	162,882
Cost of charitable activities								
Cleaning supplies		310	0	0	0	0	0	310
Consultant/trainers/speakers		0	848	150	430	0	1,428	1,428
Employer's contribution to CPF		11,857	15,086	3,276	7,403	2,435	28,200	40,057
Facility supplies		3,856	165	1,641	277	0	2,083	5,939
Gift and goodie bags		740	180	0	144	0	324	1,064
Insurance		209	2,744	433	0	0	3,177	3,784
Printing and stationery		3,159	33	179	0	09	272	3,431
Professional fee		2,180	1,020	400	009	0	2,020	4,200
Promotional material		29,088	1,257	4,034	910	2,247	8,448	37,536
Refreshments		1,760	1,079	1,459	499	0	3,037	4,797
Staff salaries and bonuses		90,417	103,506	36,400	43,542	14,600	198,048	288,465
Staff benefits		296	1,060	71	71	71	1,273	1,569
Transport costs		56	8,044	2,949	199	1,847	13,039	13,065
Telecommunication costs		0	3,276	811	0	20	4,137	4,137
Training fee		3,170	2,756	886'8	250	0	11,994	15,164
Uniform		0	0	6,420	0	0	6,420	6,420
Utilities	7	1,483	0	2,300	0	0	2,300	6,783
Vehicle upkeep		0	2,471	0	0	0	2,471	2,471
		148,949	143,525	72,511	54,325	21,310	291,671	440,620

STATEMENT OF FINANCIAL ACTIVITIES FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2018 (CONT'D)

		Unrestricted Fund			Restricted Funds			
			H	Blossom Kaki (Senior				Total unrestricted
			Home	Volunteerism)		Community	Total	fund and
		General	Help	Programme	Active Ageing	Befriending	restricted	restricted
	Note	Fund	Fund	Fund	Programme	Programme	funds	funds
		\$\$	\$\$	\$\$	\$\$	\$\$	\$\$	S
2018 (CONT'D)								,
EXPENDITURE (CONT'D)	ALL SOLD							
Governance and other administrative	strative							
costs								
Audit fee – current year		5,350	0	0	0	0	0	5,350
Audit fee – prior year		15	0	0	0	0	0	15
Bank charges		332	0	0	0	0	0	332
Depreciation	10	2,336	0	0	0	0	0	2,336
Premises rental	7	20,064	0	0	0	0	0	20,064
		28,097	0	0	0	0	0	28,097
Total expenditure		339,928	143,525	72,511	54,325	21,310	291,671	631,599
NET INCOME/(EXPENDITURE) FOR THE YEAR		293,483	(36,189)	(19,152)	(54,325)	7,858	(101,808)	191,675
TOTAL FUNDS BROUGHT FORWARD		391,036	0	0	0	0	0	391,036
TOTAL FUNDS CARRIED FORWARD	0	684,519	(36,189)	(19,152)	(54,325)	7,858	(101,808)	582,711
	1							

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2018 (CONT'D)

		Unrestricted fund
	Note	General fund S\$
2017		33
INCOME		
Income from generated funds		
Voluntary income		
Donations	5	18,164
Activities for generating funds		
Fund raising events	5 5	391,838
Events and activities	5	113,646
		505,484
Income from charitable activities		
Grant from C3A for Blossom Kaki		
(Senior Volunteerism) Programme		11,851
Other income		
Miscellaneous income	6	768
TOTAL INCOME		536,267
LESS: EXPENDITURE		
Cost of generating funds		100 100
Fund raising expenses		100,102
Event expenses		92,624 192,726
		152,720
Cost of charitable activities		20.250
Employer's contribution to CPF		29,268
Staff salaries and bonuses		65,884
Insurance		910
Staff benefits		117
Transport costs		2,308
Telecommunication costs		1,262
Refreshments		252
Training fee		75
Jniform	-2	6,783
Jtilities	7	1,800
		108,659
Governance and administrative costs		
Audit fee - current year		4,000
Audit fee - prior year		860
Bank charges		150
General expenses		328
Printing and stationery		993
Professional fees		17,614
		23,945
TOTAL EXPENDITURE		325,330
NET INCOME FOR THE YEAR		210,937
TOTAL FUND BROUGHT FORWARD		180,099
TOTAL FUND CARRIED FORWARD		391,036

The accompanying notes form an integral part of these financial statements.

#### STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2018

	Note	2018 S\$	2017 S\$
ASSETS			
Current assets			
Cash and cash equivalents	8	326,041	357,878
Other receivables	9	144,318	51,621
		470,359	409,499
Non-current asset			
Plant and equipment	10	169,350	0
Control of the Contro		169,350	0
Total assets		639,709	409,499
LIABILITIES			
Current liabilities			
Other payables	11	56,998	18,463
Total liabilities		56,998	18,463
NET ASSETS		582,711	391,036
FUNDS			
Unrestricted fund			
General fund	12	684,519	391,036
Restricted funds			
Home Help Fund	12	(36,189)	0
Blossom Kaki (Senior Volunteerism) Programme Fund	12	(19,152)	0
Active Ageing Programme	12	(54,325)	0
Community Befriending Programme	12	7,858	0
		(101,808)	0

The accompanying notes form an integral part of these financial statements.

#### STATEMENT OF CHANGES IN FUNDS FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2018

	Balance at beginning of year S\$	Net income for the year S\$	Balance at end of year S\$
2018			
Unrestricted fund General fund	391,036_	293,483	684,519
Restricted funds Home Help Fund Blossom Kaki (Senior Volunteerism) Programme	0	(36,189)	(36,189)
Fund Active Ageing Programme Community Befriending	0	(19,152) (54,325)	(19,152) (54,325)
Programme	0	7,858 (101,808)	7,858 (101,808)
Total funds	391,036	191,675	582,711
	Balance at beginning of year S\$	Net income for the year S\$	Balance at end of year S\$
2017			
Unrestricted fund General fund	180,099	210,937	391,036
Total fund	180,099	210,937	391,036

The accompanying notes form an integral part of these financial statements.

# **Governance Evaluation Checklist (Intermediate Tier)**

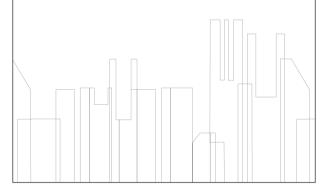
S/N	Code guideline	Code ID	Response (select whichever is applicable)	Explanation (if Code guideline is not complied with)
	Board Governance	Ī	T	
1	Induction and orientation are provided to incoming governing board members upon joining the Board.	1.1.2	Complied	
	Are there governing board members holding staff <sup>1</sup> appointments? (skip items 2 and 3 if "No")			
_ 2	Staff does not chair the Board and does not comprise more than one third of the Board.	1.1.3	Complied	
	There are written job descriptions for the staff's executive functions and operational duties, which are			
3	distinct from the staff's Board role.  The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g. Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) can only serve a maximum of 4 consecutive years.	1.1.5	Complied	
4	If the charity has not appointed any governing board member to oversee its finances, it will be presumed that the Chairman oversees the finances of the charity.	1.1.7	Complied	
5	All governing board members must submit themselves for re-nomination and re-appointment, at least once every 3 years.	1.1.8	·	
6	There are documented terms of reference for the Board and each of its committees.	1.2.1	Complied	
	Conflict of Interest	T	T-	
7	There are documented procedures for governing board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.	2.1	Complied	
8	Governing board members do not vote or participate in decision making on matters where they have a conflict of interest.	2.4	Complied	
	Strategic Planning	1		
9	The Board periodically reviews and approves the strategic plan for the charity to ensure that the charity's activities are in line with the charity's	2 2 2	Committee	
_ 9	objectives.  Human Resource and Volunteer Management	3.2.2	Complied	
	The Board approves documented human resource			
_10	policies for staff.  There is a documented Code of Conduct for governing	5.1	Complied	
_11	board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied	
12	There are processes for regular supervision, appraisal and professional development of staff.	5.5	Complied	
	Financial Management and Internal Controls  There is a documented policy to seek the Board's			
13	approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity's core charitable programmes.	6.1.1	Complied	
14	The Board ensures that internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied	

	The Board ensures that reviews on the charity's			
	internal controls, processes, key programmes and			
15	events are regularly conducted.	6.1.3	Complied	
	The Board ensures that there is a process to identify,			
16	and regularly monitor and review the charity's key risks.	6.1.4	Complied	
	TISKS.	0.1.4	Complied	
	The Board approves an annual budget for the charity's			
17	plans and regularly monitors the charity's expenditure.	6.2.1	Complied	
	Does the charity invest its reserves (e.g. in fixed			
	deposits)? (skip item 18 if "No")		No	
18	The charity has a documented investment policy approved by the Board.	6.4.3		
	Fundraising Practices	0.7.5		
	Did the charity receive cash donations (solicited or			
	unsolicited) during the financial year? (skip item 19 if			
	"No")		Yes	
	All collections received (solicited or unsolicited) are			
19	properly accounted for and promptly deposited by the charity.	7.2.2	Complied	
	,	7.2.2	complica	
	Did the charity receive donations in kind during the		Vaa	
	financial year? (skip item 20 if "No")		Yes	
	All donations in kind received are properly recorded			
20	and accounted for by the charity.	7.2.3	Complied	
	Disclosure and Transparency			
	The charity discloses in its annual report —  (a) the number of Board meetings in the financial			
	year; and			
24	(b) the attendance of every governing board member	0.0		
21	at those meetings.	8.2	Complied	
	Are governing board members remunerated for their			
-	services to the Board? (skip items 22 and 23 if "No")		No	
22	No governing board member is involved in setting his own remuneration.	2.2		
	The charity discloses the exact remuneration and	2.2		
	benefits received by each governing board member in			
	its annual report.			
	<u>OR</u> The charity discloses that no governing board member			
23	is remunerated.	8.3		
	Does the charity employ paid staff? (skip items 24 and			
	Does the charity employ paid staff? (skip items 24 and 25 if "No")		Yes	
24	25 if "No")  No staff is involved in setting his own remuneration.	2.2	Yes Complied	
24	25 if "No")  No staff is involved in setting his own remuneration.  The charity discloses in its annual report —	2.2		
24	25 if "No")  No staff is involved in setting his own remuneration.  The charity discloses in its annual report —  (a) the total annual remuneration for each of its 3	2.2		
24	25 if "No")  No staff is involved in setting his own remuneration.  The charity discloses in its annual report —  (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration	2.2		
24	25 if "No")  No staff is involved in setting his own remuneration.  The charity discloses in its annual report —  (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity's subsidiaries) exceeding \$100,000 during the financial	2.2		
24	25 if "No")  No staff is involved in setting his own remuneration.  The charity discloses in its annual report —  (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity's	2.2		
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24	25 if "No")  No staff is involved in setting his own remuneration.  The charity discloses in its annual report — (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity's subsidiaries) exceeding \$100,000 during the financial year; and  (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity.  The information relating to the remuneration of the staff must be presented in bands of \$100,000.	2.2		
24	25 if "No")  No staff is involved in setting his own remuneration.  The charity discloses in its annual report — (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity's subsidiaries) exceeding \$100,000 during the financial year; and  (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity.  The information relating to the remuneration of the staff must be presented in bands of \$100,000.  OR	2.2		
24	25 if "No")  No staff is involved in setting his own remuneration.  The charity discloses in its annual report — (a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity's subsidiaries) exceeding \$100,000 during the financial year; and  (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity.  The information relating to the remuneration of the staff must be presented in bands of \$100,000.	2.2		



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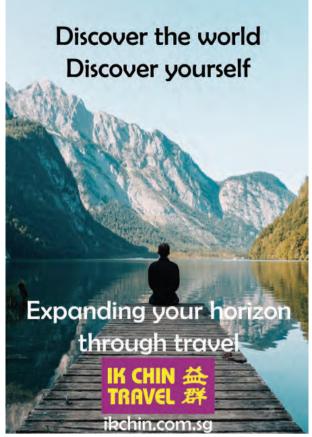
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